



Friday

Morning 7:00am

- Meet at parking lot in Harrison
- Gear Check (Beacons, shovels, probes, sleeping bags, make sure boots fit bindings, everyone has skins, etc.)
- Drive to Bell Lake trailhead
- Skin to Hut (observe obvious avalanche terrain, intro to travel, skinning 101—weight on heels, dragging rather than lifting, boot buckles loose, etc.)
- Arrive at hut – lunch around 1200-1300

Afternoon

- Course Intro/Formal group meet (goals, backgrounds, team-building)
- Basic avalanche awareness concepts (statistics, basic avalanche terms, types, terrain, avalanche problems) (lecture)
- Intro to Beacons (wear/care, range, flux line circle) (group exercise/clinic)
- Rescue presentation (lecture)
- Rescue practice – Outside, either near yurt or up at lake (demo, small groups, scenario, group activity/clinic)
- Back to hut

Saturday

Morning

- Breakfast and review of previous day (group discussion) 7:00am
- Packing and preparation (what we carry, how to pack efficiently)
- Making a tour plan (group management, goals, terrain)
- All day in field (visual clues, red flags, intro to terrain management)
- Skinning 201 (kick turns, track angle, rest steps, sidehilling, breaking trail)
- Shred sunny corn slopes

Afternoon

- Lunch discussion about objective hazards and backcountry decision-making. Encouraging conservative group decisions.
- Shred more sunny corn slopes
- Back to hut – by 4:00pm
- Debrief tour with appetizers– observations/lessons learned/questions/teaching one another (group discussion)
- World Championship Jenga tournament

Sunday

Morning

- Review of previous day (group discussion)
- Decision making talk and exercise (a few simple case studies of everything from avalanche scenarios to group dynamic scenarios) (lecture & group activity)
- Tour plan – choose options for day based on conditions, forecast, group members (group activity)
- Possibly break into two groups if abilities are disparate.
- Afternoon
- Back to yurt (by 2:30 pm)
- Debrief camp, hit major points again
- Ski out (Back to cars no later than 5pm)