

# **ICELAND SKI & SAIL TRIP PACKET**



**Dear Parents-**

We are beyond excited to share backcountry skiing in Iceland with your daughters. In addition to your girls, we will have 1 or 2 local Icelandic girls joining us on the boat. The girls will come home with an amazing experience, both skiing and cultural. Thank you for supporting the trip!

**The Iceland Ski & Sail Packet** will set us up for a successful trip. Please read the packet carefully with your daughter to make sure she is aware of the trip details and information. If something isn't clear, please do not hesitate to call/email Keely or Lindsay. Thank you kindly and let's get ready to set sail!

**Keely Kelleher - Director**

**C: 406-581-4991**

**Lindsay Mann - Lead Guide**

**C: 781-799-2920**

**Please email us at [keely@keelyscamp.com](mailto:keely@keelyscamp.com)**



## **Travel Information**

**-Please book your flight on or before **November 15TH**-**

Please follow the Flight Logistics below very closely and carefully. It is **VERY IMPORTANT** that all the girls are on the **SAME ITINERARY** to make for smooth sailing (pun intended).

**Please email your itinerary to [keely@keelyscamp.com](mailto:keely@keelyscamp.com) once booked. Thank you!**

***Note: You will be making two different reservations, one international and one domestic.***

1. International IcelandAir Link to Book Roundtrip Flight to **Reykjavik (KEF) Iceland:** <http://www.icelandair.us>
2. Domestic IcelandAir Link to Book Roundtrip Domestic Flight **Reykjavik (RKV) to Ísafjörður:** <https://www.airiceland>

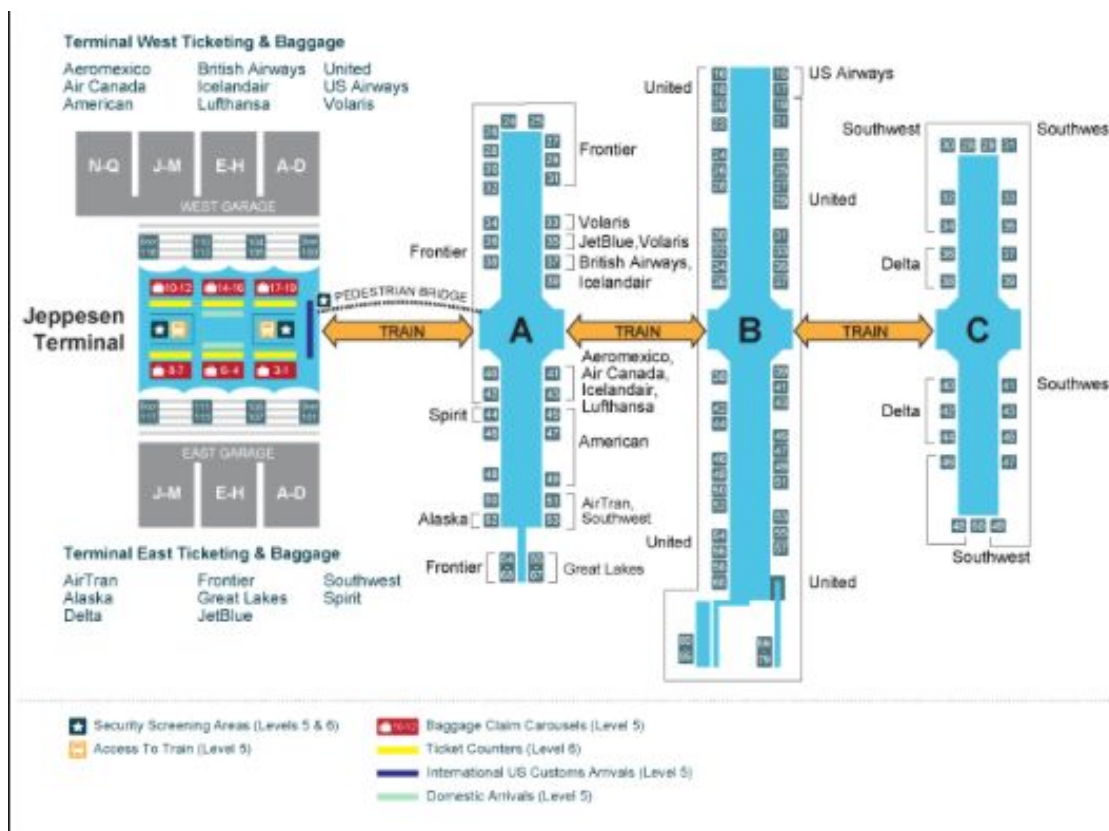
**Customs:** We return to the U.S. on **Sunday May 12th at 6:35pm**. If you are flying your daughter domestically home from Denver please make sure you give her 2 hours to get through customs booking a flight home **no earlier than 9:30pm**. If you cannot find a flight, which is highly likely, for her on May 12th she will have the option of staying Sunday night with Keely's Camp. **Please book the earliest flight available out of Denver on Monday morning May 13th.**



## What to do when you get off your plane in Denver:

1. Flying United you will land in terminal B. Flying Delta you will land in terminal C.
2. Follow signs to baggage claim. Get on the train to baggage claim.
3. Text Lindsay & your parents 1) when you land 2) when you are on the train to baggage claim: **781-799-2920**
4. We will meet you as you come into Baggage Claim.
5. Check in as a group to our IcelandAir flight in Terminal West Ticketing.

This is a map of the Denver airport. DIA is simple to navigate because they have great signage. Baggage Claim should not be an issue to get to on your own; however, if you have any issues we will be there!



# Flight #1 Outbound International Airline Ticket

**Note: you will be making two different reservations, one international and one domestic.**

**For booking International Flights:**

<http://www.icelandair.us/>

**Outbound**

**Saturday May 4 - Depart Denver @ 4:50pm (16:50)**

**Sunday May 5 - Arrive KEF @ 6:15am**

**Flight #F1670**

**Note: Please arrive to Denver before 2pm for pre-trip orientation**

## Outbound Sat 04 May

**Denver**  
Denver International (DEN)



**Reykjavik**  
Keflavik International (KEF)

May 2019

WED 01	THU 02	FRI 03	SAT 04	SUN 05	MON 06	TUE 07
from \$ 283.40	from \$ 283.40	from \$ 283.40	from \$ <b>283.40</b>	from \$ 283.40	from \$ 283.40	from \$ 283.40

Economy	Saga Premium
From \$283.40	From \$662.40
Lowest fare	
<b>\$283.40</b>	<b>\$662.40</b>

[What's included in my fare on Icelandair flights?](#)

**16:50**  
Denver International (DEN)  
Icelandair (FI670)



**06:15**<sup>+1 day</sup>  
Keflavik International (KEF)

⌚ Total duration 07h25m, Direct flight

[Show flight details](#)

# Flight # 1 Inbound International Airline Ticket

Depart KEF - Sunday May 12th @ 4:45pm (16:45)

Arrive Denver - 6: 40pm (18:40)

Flight #F1671

**Note on May 12th -If you cannot find a domestic flight for your daughter, she will have the option to stay the night in Denver with Keely's Camp and get a flight from Denver early Monday morning.**

Inbound

Sun 12 May

Reykjavik  
Keflavik International (KEF)



Denver  
Denver International (DEN)

May 2019

THU 09 from \$ 318.67	FRI 10 from \$ 318.67	SAT 11 from \$ 318.67	SUN 12 from \$ 318.67	MON 13 from \$ 318.67	TUE 14 from \$ 318.67	WED 15 from \$ 318.67
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[What's included in my fare on Icelandair flights?](#)

**16:45**  
Keflavik International (KEF)  
Icelandair (F1671)



**18:40**  
Denver International (DEN)  
Total duration 07h55m, Direct flight  
[Show flight details](#)

Economy  
From \$318.67

Saga Premium  
From \$698.67

Lowest fare

\$318.67

\$698.67

[Additional Baggage and optional service fees may apply](#)

## Flight Reservation # 2 Domestic to and from Reykjavik

For booking Domestic Flight to and from Isafjordur:

<https://www.airicleandconnect.com/>

May 5 - To Isafjordur (IfJ) @ 12:15pm

Flight #NY-018

May 11 - To Reykjavik (RKV) @ 18:05 (6:05pm)

Flight #NY-027

*Note: The weather can decide if we fly domestic to and from Isafjordur and Reykjavik. In the case of unflyable conditions we will proceed to get refunds on the portion of the airline ticket(s) needed and rent a vehicle to drive to Isa. or to Rey. The drive is around 4-6 hours depending on road conditions. It is a fantastic way to see the beautiful Iceland!*

Outbound flight 

 CHANGE SEARCH

REYKJAVÍK (RKV) → ÍSAFJÖRÐUR (IFJ)

✓SELECTED	LIGHT FARE	< CHANGE FLIGHT
RKV 12:15 → IFJ 12:55	05-05-2019	68 €

Inbound flight 

ÍSAFJÖRÐUR (IFJ) → REYKJAVÍK (RKV)

✓SELECTED	LIGHT FARE	< CHANGE FLIGHT
IFJ 18:05 → RKV 18:45	11-05-2019	63 €

### YOUR SELECTION

#### Outbound

Date: 05 May 2019  
From: Reykjavik  
To: Ísafjörður  
Flight: NY-018  
Depart: 12:15 Arr 12:55  
Fare Type: Light

#### Return

Date: 11 May 2019  
From: Ísafjörður  
To: Reykjavik  
Flight: NY-027  
Depart: 18:05 Arr 18:45  
Fare Type: Light

#### Passengers:

1 x Adult 125 €  
Flight Price: 94 €

Taxes and fees 37 € ▼

Total Price 131 €

CONTINUE

## **TRIP ITINERARY**

\*Weather : Iceland is a land of very mixed weather. If you don't like the weather, wait for ten minutes! Usually the spring brings higher pressure and settled weather, but be prepared for everything from calm, sunny days, to blowing blizzards. If the weather becomes unsafe there is a possibility that we sail back to the town of Isafjordur and ski tour the amazing options near the town via the alternate transportation. **Please note that all ski plans are subject to change based on weather and conditions!**

**May 4** - Meet Keely's Camp at the Denver International Airport (DEN) (fly or drive) **before 2PM.**

**\*Meeting Place - Icelandair Ticketing (refer to where do I meet in Denver above)**

Check into our Icelandair flight and depart for Reykjavik.

**May 5** - Arrive in Reykjavik early Sunday morning, go through Customs, take the Flybus transfer to the Domestic Airport in Reykjavik, fly or drive (conditions dependent) to Isafjordur, tour the beautiful and oldest town in Iceland, Isafjordur!

**May 7** - Dock Orientation with Siggi our boat captain.

Depart from Ísafjörður between 2-4pm, with 2-4 hours of sailing to Hesteyri in the Hornstrandir Nature Reserve. We will relax and anchor and maybe explore on the Zodiac and take a look at the old whaling station that once was the driving force in this now abandoned settlement. Since it will still be bright in the evening during the latter part of the season, we will then have an option to do a short ski run.

**May 8** - We'll begin the day with a safety briefing, companion rescue exercises, and recap of skills learned in the Montana camp. We will then tour from Hesteyrarfjörður to Veiðileysufjörður. The climb up Hesteyrarfjörður is easy and the ski slopes on the other side offer many possibilities. Dinner will be at anchor in Veiðileysufjörður.

**May 9** - Tour to Lónafjörður (Lagoon fjord). We begin the day by climbing up to one of the saddles to take a look at the bays on the north side. We then ski down to the first valley in Lónafjörður and climb at least two more mountains before meeting Aurora again in the afternoon.

**May 10** - Here, we normally spend an extra day at the beautiful Rangali anchorage. There are endless opportunities for skiing. From steep couloirs to rolling hills. One route will take

us to the Snókur mountain with a good view of the coastal mountains on the east side of Hornstrandir. Often there is an opportunity to pick mussels for an après ski snack!

**May 11** - Today we skin up from the Sópandi inlet and over to Hrafnfjörður (Raven Fjord). The mountain cirque at the head of the fjord is beautiful and the anchorage is a perfect spot to spend the night.

**May 12** - We will have a morning ski session before sailing back to Ísafjörður, with arrival around 4pm in the afternoon.

We will catch the last flight from Ísafjörður that night to Reykjavik.

Spend the night in Reykjavik, tour city, pack for international flight to Denver the next day.

**May 13** - Tour Reykjavik and take Flybus transfer @ 12:30pm to Reykjavik International Airport (KEF), depart Iceland early afternoon for the United States, Denver.

**Customs:** We land in Denver **in the evening**. If you are flying your daughter domestically home from Denver please make sure you give her 2 hours to get through customs booking a flight home **no earlier than 9:30pm**. If you cannot find a flight, which is highly likely, for her on May 13th she will have the option of staying Sunday night with Keely's Camp.

**Please book the earliest flight available out of Denver on Monday morning May 14th.**

*\*Disclaimer - Airport Hotel in Denver is not included in the trip cost. Please expect an invoice after the Iceland camp is over.*





## **IMPORTANT EQUIPMENT INFO**

### **PRE PAY FOR BAGGAGE ONLINE:**

**Icelandair** asks if you would like to prepay for your skis, **please prepay for her skis (it's cheaper!)** when you buy her flights on both her International Flights and Domestic Flights. This will make traveling with our group smoother and more efficient.

### **BACKCOUNTRY SETUP:**

Keely's Camp will be traveling with Blizzard Zero G's with Marker Kingpin Bindings, skins, and ski crampons for those girls who will be needing a setup. If you have a backcountry setup please pack and bring your own setup.

**\*Please let us know as soon as you can if you have your own backcountry set up (skis, boots, skins).**

**SKI BOOTS: Make sure you rent or buy compatible boots for the Marker Kingpin binding if you are using a Keely's Camp Blizzard setup. We recommend the Scarpa Maestrale, Scarpa Gea, or Tecnica Zero G.**

Note: Keely's Camp Backcountry setup is AWESOME! The Blizzard Zero Gs are light, durable, and easy to use. If you have a heavy or old backcountry setup we highly recommend you use our backcountry setup as we will be climbing and skinning extensive mountains in Iceland.

## **GLOBAL RESCUE INSURANCE**

It is mandatory that each girl enroll in Global Rescue Insurance to board the sailboat. Global Rescue is giving our group a 10% discounted rate applied during checkout when enrolling with the link below. Instructions are outlined below:

Instructions for how to enroll are below:

1. [Please follow this link to enroll in a Global Rescue membership:](https://ss.globalrescue.com/partner/keelysskicamp/index.html)

<https://ss.globalrescue.com/partner/keelysskicamp/index.html>

2. Under "Global Rescue Membership," select "Enroll."
3. Choose:
  - a. *Travel*
  - b. *Individual*
  - c. *14 Day Membership starting just before the trip departure – (If you travel frequently, an annual family membership is a great option also)*
  - d. The optional *Security Add-on* covers unpredicted natural disasters, civil unrest..
  - e. Enter your email
4. Continue to *Member Details* and fill out your information.
5. Continue to *Additions* (Travel Insurance is a highly recommended optional addition that covers things such as trip cancellation, lost luggage, hospital bills, etc.)
6. Submit your enrollment. If you opted to *GoGreen*, you will not receive a physical copy of your membership card in the mail.

You will have the option of printing out a version of the card found in your welcome email. It's important to note that you will not be asked to present your card in the event you need assistance. The most important information you should keep with you is our contact information and your member ID number and be sure to call Global Rescue ASAP during an emergency so we can coordinate and pay for all services.

If you have any questions at all during the process you can call this number:

[617-459-4200](tel:617-459-4200) and someone from Global Rescue's Member Services team can assist you. Alternatively, David can be contacted at:

[dleskovar@globalrescue.com](mailto:dleskovar@globalrescue.com)



## **PACKING LIST**

### **Keely's Camp will supply:**

- Blizzard Zero G touring skis with Marker Kingpin binding
- Climbing skins
- Medical kits and extra gear

**Please strictly follow the packing list to the best of your ability. Traveling in the backcountry by boat means efficient use of space. Please try to only bring the items suggested. Thank you!**

- CURRENT PASSPORT (MANDATORY)
- Beacon with 100% battery life (modern digital, three-antennae beacon, MANDATORY)
- Shovel & Probe (MANDATORY)
- Ski poles
- Repair kit i.e. blister kit, Advil, any personal medications
- Sleeping bag with compression sack (20-30 degree bag recommended)
- Large daypack or light overnight pack (35-42 liter approx. this is what you will be using to tour with from the boat)
- 3 pairs of gloves (Lightweight, Medium, and Heavy i.e. Mittens keeping your hands warm at all times is very important, light for the way up heavy for the way down)
- Water bottle (Nalgene—no bladders as they tend to freeze, check into the company Platypus Bottles and Storage as a great alternative water bottle)
- Headlamp +batteries
- 7-9 pairs of underwear
- 1-3 pair of Long Underwear bottoms and tops, polypropylene suggested (no cotton)

- 1-3 sports bras
- 2 pairs of ski socks
- 2 pair cotton socks for in the boat
- Baseball cap
- 1 warm winter hat
- Helmet
- Goggles
- 1 Buff or neck warmer
- Sunglasses (a must for ski touring, required!)
- 1 pair of ski pants (shells only , no insulation)
- 1 soft shell jacket or wind shirt
- 1-2 insulating layers i.e. Fleece or synthetic jacket
- Warm parka i.e. down jacket
- 1 hard shell rain coat
- Boat clothing i.e. Pajama type: sweats, waterproof boots or shoes, waterproof breathable pants, cotton t-shirt, NO more than 1 of each!
- Sunscreen
- Chapstick with SPF
- Personal overnight kit i.e. toothbrush, toothpaste, comb/brush
- Sea Sickness medication
- Earplugs (if you are a light sleeper ear plugs are highly recommended)
- Crocs or Slippers with rubber soles (inside the boat wear)
- I-Phone or camera for pictures
- Soft travel bag, no suitcases
- Swim suit and travel towel
- Snacks, Snacks, SNACKS (Bring 6-8 bars & 1-2 packets of gummy snacks, the morning we board the boat we will get snacks in Isafjordur. This is important especially for those who have dietary restrictions)

**\*PLEASE NOTE! Take your ski boots on the plane because skis can get lost in air freight. It's pretty easy to arrange skis but it's better to have your own boots.**

# **EXTRAS**

## **What the camp doesn't cover**

The camp is not covering meals & snacks off the boat or extra tours/activities in Isafjordur or Reykjavik or the Airport Hotel in Denver on May 13th.

## **Money in Iceland**

- Icelanders love credit cards. They use them everywhere! We highly recommend a travel credit card. Keely's Camp will be carrying emergency cash as well.
- Remember to tell your credit card company your international travel dates before leaving so the card isn't cancelled!

## **Learn Before You Go**

Before you travel to a new country learning about the country's culture and history is very important and FUN! We know you are in school and super busy; however below is one book (super short and fun read for the plane), a Nat Geo Documentary, & the 'Annual Report from the Aurora Arktika Sailboat.'

- **Book:**  
<https://www.amazon.com/Xenophobes-Guide-Icelanders-Richard-Sale/dp/1906042365>
- **NatGeo Documentary:**  
<https://www.youtube.com/watch?v=XEsWd3dy51s>
- **Annual Report Aurora Arktika:**  
<https://www.youtube.com/watch?v=2HIMHR9QLsQ>

## **IMPORTANT & HELPFUL CHECKLIST**

- PARTICIPATION AGREEMENT RELEASE & ASSUMPTION OF RISK**
- KSCFG MEDICAL INFORMATION & RELEASE FORM**
- MINOR CONSENT TRAVEL FORM**  
In order to stay at the Hostels in Iceland, Icelanders require a Guardian letter signed by their parents. Additionally, this form is helpful if, for any reason, we have issues through customs in Iceland (not likely).
- GLOBAL RESCUE INSURANCE PURCHASED**
  - **Membership Enrollment Completed and Returned to Global Rescue through Keely's Camp landing page**
- SCANNED PHOTO OF CAMPER PASSPORT**
- All forms scanned to KEELY'S CAMP by DECEMBER 1ST, 2018**
- ARKTIKA FACTSHEET READ AND REVIEWED**
- PACKING LIST CHECK OFF**
- ICELAND SKI & SAIL TRIP PACKET READ & REVIEWED**
- DOMESTIC ROUNDTRIP FLIGHT TO DENVER BOOKED (IF FLYING)**
- ICELANDAIR INTERNATIONAL ROUNDTRIP FLIGHT BOOKED**
- ICELANDAIR DOMESTIC ROUNDTRIP FLIGHT BOOKED**
- ALL FLIGHT ITINERARIES EMAILED TO KEELY'S CAMP**