



Backcountry Ski Day Camp

Keely's Camp will supply:

- Blizzard Zero G touring skis with Marker Kingpin binding (if you have your own setup please inform us prior to the camp)
- Climbing skins
- Medical kits and extra gear

Please follow the checklist to the best of your ability. Traveling in the backcountry means efficient use of space and energy. For example, a heavy bag is harder to hike with making you fatigue faster. Please try to only bring the items suggested. The guides will be doing a gear check before leaving the parking lot. Thank you!

Checklist

****Required (you will not be allowed to ski without this)**

- ** Beacon with 100% battery life (modern digital, three-antennae beacon **less than 5 years old** strongly recommended)**
- ** Shovel & Probe**
- AT boots compatible with Marker Kingpin bindings if you choose to use Keely's Camp Blizzard Demo Skis i.e. Scarpa or Tecnica Zero G are good options
- ** Scarpa Maestrone or Tecnica Zero G touring boot is what we recommend. Pro tip - Lighter is better and thumbs up for a boot that has ample ROM (range of motion)**
- Ski poles - either breakdown poles or normal poles. Pro tip - Powder baskets are more functional in the backcountry
- Daypack or light overnight pack (30-42 liter approximately, ideally a bag you can fit your helmet + all your day touring gear in)
- **1-2 Water bottles (**Nalgene**—no bladders as they tend to freeze)**
- ** Lunch and plenty of snacks (remember we will be in the backcountry all day)**
- Headlamp +batteries
- 2-3 pairs of gloves (Lightweight, Medium, and Heavy i.e. Mittens keeping your hands warm at all times is very important, light for the way up heavy for the way down)
- 1-2 pair of Long Underwear bottoms and tops, polypropylene suggested (no cotton)

- 2 pairs of ski socks
- Baseball cap
- 1 warm winter hat
- Helmet
- Goggles
- 1 Buff
- 1 Mask
- 1 small personal hand sanitizer
- Sunglasses (a must for ski touring, required!)
- 1 pair of ski pants (Pro tip-non-insulated ski pants with leg zips are preferred)
- 1 soft shell jacket or wind shirt
- 1 insulating layer i.e. Fleece or synthetic jacket
- Warm parka i.e. down jacket
- 1 hard shell raincoat
- Sunscreen
- Chapstick with SPF
- Small Personal med kit: bandaids, athletic tape, advil, personal medications (guides will be carrying a complete first aid kit)
- Camera for pictures if wanted, **NO PHONES** (the guides will be documenting the weekend with pictures that will be given to you upon the completion of the weekend)

***Backcountry skiing is a great time to disconnect. Remember, there isn't Wi-Fi in the mountains but you will find a better connection!**