



Backcountry Ski Camp Daily Schedule

March 24th

- Arrival to Stanley, ID base lodge at 4:00pm
- Gear Orientation & Introductions
- Team Dinner & prep for our first day

March 25th

Morning

- Depart lodge 8:00am
- Touring location TBD *Our plan for the day will be dependent on conditions
- Trailhead checks and introductions - How to use your backcountry gear
- How to stay organized with your gear in the backcountry (theme throughout the camp)
- Basics of ascending technique (observe terrain, introduce skinning & backcountry setup). Skiing!

Afternoon

- Expectations of the weekend (goals, backgrounds, team-building)
- Intro to basic avalanche awareness concepts, ski!
- Intro to Avalanche Rescue Gear (avalanche transceivers, shovels & probes How to!) (group exercise/clinic)
- Rescue practice
- 4:00pm - Return to lodge for dinner and debrief & team prep for the next day

March 26th

- Depart lodge 8:00am
- How to make a tour plan (group management, goals, terrain)
- All day in field (visual clues, red flags, intro to terrain management)
- Ascending progression (kick turns, track angle, sidehilling, breaking trail). Skiing!

Afternoon

- Lunch discussion about objective hazards and backcountry decision-making.
- Daily Debrief - observations/lessons, learned/questions, ski!
- 4:00pm - Return to lodge for dinner and debrief & create tour plan for the next day

March 27th Sunday

Morning

- Depart lodge at 8:00am

- Review of previous day (group discussion)
- Decision making and exercise i.e. heuristic traps and teamwork
- Tour plan - choose options for day based on conditions, forecast, group members

Afternoon

- Skiing! Skiing! Skiing!
- Debrief camp, highs, lows, and overall learning moments
- 4:00pm - Parent pick up at designated location (TBD) in Stanley, ID